

## Levi Ski Club – Covid-19 info for races

Racers and teams coming from Finland or abroad should follow their own Covid-19-security plans for safe traveling.

More information and guidelines for border traffic for teams arriving abroad are found below.

<https://www.raja.fi/coronavirus>

[https://www.raja.fi/current\\_issues/guidelines\\_for\\_border\\_traffic](https://www.raja.fi/current_issues/guidelines_for_border_traffic)

Please check your own country's border control for possible quarantine instructions when it comes to returning to your home country from Finland.

You will find more info about the Covid-19-situation in Lapland from [www.koronaturvallinenlappi.fi](http://www.koronaturvallinenlappi.fi). Also in English!

### Let's follow the guidelines to keep ourselves healthy!

- **You must be healthy when attending training or races!**  
**If you are having any symptoms of flu or stomach illness, stay home!**
- **Load Koronavilkku-application to your smartphone**  
With the application, the health authorities are able to inform you if you have contracted the Covid-19 or you may also inform them if you get Covid-19.
- **Follow good coughing, sneezing, and hand hygiene!**  
Cough or sneeze into a disposable handkerchief or your own sleeve. Put the handkerchief into the trash bin after use.
- **Maintain a safe distance at all times!**
  - Maintain a safe distance from other teams and racers!
  - Maintain safe distance in the lift queue!
  - At the start, keep at least 1,5-2metres safe distance to the previous racer.
- **Enter the lift only with your own group/teammates!**
  - In the chair lift, leave a safe distance of at least 1meter to other persons than your teammates.
  - If possible, keep the bubble open in the lift (if hard wind, bubble closed)
  - Please use a face mask in gondolas!
  - Enter the t-bar lift with your teammates.

- **Train with your own group!**
- **Face masks are recommended in all inside public places e.g. restaurants, shops, rental shops, etc.**

### **Entry fee**

- In the case of quarantine or illness, Levi Ski Club refunds the entry fee.

### **Buy the ski lift tickets from the webshop in levi.ski-website**

### **Team captains meeting and the responsibilities of the team captain**

The team captains meeting is held by using Microsoft Teams.

- Covid-19-info is handed in the meeting. It is the team captain's responsibility to inform their team members about the Covid-19-info.

### **Bibs**

- Bibs are distributed by the ski lift (Gondola or Front Slope chair lift) on the morning of the race day.
- After the race, return the bib to the place pointed out by the organizing committee
- Person handling the bibs right after the race, should wear gloves and a face mask.

### **Waiting premises for the racers**

- Because of the Covid-19-situation and restaurant restrictions, restaurants may not be used as waiting premises!
- At Levi Black, the waiting premises are in the media rooms, downstairs in the restaurant building.
- At the Front slope, there will be a tent for bags.

### **Timekeeping premises**

- Only the following people from the organizing committee may enter the timekeeping premises:
  - timekeepers
  - secretary
  - announcer
  - TD
  - Chief of Race
  - Referee
- Face masks are used in the timekeeping premises.
- Live-timing is used.
- The official information board is a Whatsapp-group including all team captains.

## **Start**

- The following people from the organizing committee are allowed to enter the start:
  - TD
  - Chief of Race
  - Referee
  - Starter
  - Start referee
  - Start assistant
  - Timekeepers
- All other persons than racers must use face masks at the start! e.g. coaches
- If the start booth is not used, the starter, start referee, and start assistant should wear a face mask.
- The organizing committee provides the face masks for the members of the organizing committee. There must be enough face masks available. Taking into account e.g. weather conditions.
- Only one person assisting the racer is allowed to enter the start area and this person must wear a face mask.
- Only one racer at a time in the start area or start booth.

## **Coaches during race**

- Coaches need to follow a safe distance while following the race at the slope area. Please wear a face mask if safe distance is not possible, e.g. on the top of Levi Black's steep part.

## **Audience**

- Safety nets are used to keep a safe distance of 1,5-2metres to the audience.

## **Prize giving ceremony**

- The prizegiving ceremony is held outside after the race.
- The organizing committee must take care that the audience and racers are following safety distance. Face masks are recommended.
- Persons giving prizes must wear a mask.
- No handshaking or hugging during the prize-giving ceremony. Possible medals are not put around the neck.

## **Volunteers**

- There are no separate premises for volunteers. Volunteers may use public toilets in the restaurants.

- Please take care of good hand hygiene and use a face mask when visiting the restaurant.
- Information about lunch is announced for each race separately. Lunchtimes are scheduled so that there is no traffic.
- The organizing committee has masks and hand hygiene products for volunteers.

### **Information**

- Covid19-info is published on the Levi Alpine Ski Races- Facebook pages as well as on the website [leviskiclub.fi](http://leviskiclub.fi)
- During the race, there are announcements to remind of safe distance and hygiene instructions.
- In case of a positive test, contact immediately Johanna Erkkilä from the Organizing Committee. Contacting those who might have contracted to Covid-19 is done together with the Lapland Hospital District.

### **Do you think you might have contracted Covid19?**

If you suspect that you might have Covid19, please contact Kittilä Health Care center by phone.

**Kittilä Health care center, Covid19 emergency line +358 (0)400 356 498**

Do not spread the virus by visiting the health care center.

If a person has symptoms of respiratory tract infection (cough, cold, breathing difficulties, sore throat, headache, muscle pain, diarrhea, vomiting or has a weakened sense of smell or taste) a coronavirus test must be taken.

If you get a positive test within a couple of days after races, please contact the Organizing Committee, Johanna Erkkilä

Johanna Erkkilä, p. 040-568 5356, [johanna.erkkila@levisuites.fi](mailto:johanna.erkkila@levisuites.fi)

### **More information**

**Info about Covid19-situation in Lapland and guidelines for tourism in Lapland**

[www.koronaturvallinenlappi.fi](http://www.koronaturvallinenlappi.fi)

### **Border control guidelines**

<https://www.raja.fi/coronavirus>

### **Information about Covid19 on the site of the national health organization**

<https://thl.fi/fi/web/infektioaudit-ja-rokotukset/ajankohtaista/ajankohtaista-koronaviruksesta-covid-19>

9.11.2020 Johanna Erkkilä, 040-568 5356, Levi Ski Club ry